Beaconhills College  
Term 1 2016 - Menu

**HOT FOOD**

- **Homemade Oven Baked Wedges**  
  $3.80
- **Wholemeal Pasta Bake—Napoli or Bolognese**  
  Small  $4.90  
  Medium  $5.50
- **Grilled Chicken Fillet Burger**  
  $5.50
- **Red Lentil Beef Burger**  
  $5.50
- **Turkey Avocado & Cheese Wrap**  
  $5.50
- **Wholemeal Margherita Pizza**  
  $2.80
- **Wholemeal Ham Pizza**  
  $2.80
- **Mini Crumbed Chicken Burger**  
  $3.90
- **Mini Pulled Pork & Slaw Slider**  
  $3.90

**LUNCH TIME SPECIALS**

- **MONDAY**  
  - Roast Sweet Potato, Lentil & Broccoli salad  
    $6.50
  - Beef, Mushroom & Asian Green Stir Fry with rice  
    $5.50
  - Lamb Kebab  
    $6.00
- **TUESDAY**  
  - Smoked Salmon Salad  
    $6.50
  - Vegetable Lasagne (V)  
    $5.50
  - Sheppard’s Pie With Sweet Potato & Salad  
    $6.50
- **WEDNESDAY**  
  - Bean & Tuna Salad  
    $6.50
  - Spinach & Fetta Quiche (V)  
    $5.00
  - Sweet Potato, Lamb & Eggplant Moussaka  
    $6.50
- **THURSDAY**  
  - Caesar Salad  
    $6.50
  - Fried Rice with Chicken & Vegetables  
    $5.50
  - Roast of the Day with Roast Vegetable Medley  
    $6.50
- **FRIDAY**  
  - Greek Salad with Fetta  
    $6.50
  - Fish Taco with Mexican Slaw  
    $5.00
  - Baked Drumsticks with Honey & Lime with Rice  
    $6.50

**COMBO’s**

- **Grab n’ Go**—Sandwich/Wrap with 2 fillings, muffin & 350ml water  
  $8.50
- **Hot Box**—Main meal special, muffin & 350ml water  
  $10.50

**SUSHI**

- **Available Monday to Friday**  
  - Sushi Rolls - 2 Pack (LG)  
    $5.80
  - Teriyaki Chicken, Tuna or Vegetable  
  - Sushi Roll - Single (LG)  
    $3.80
  - Teriyaki Chicken, Tuna or Vegetable  
  - Rice Paper Rolls - 2 Pack (LG)  
    $5.80
  - Chicken or Vegetable

**DRINKS**

- **Milk**  
  300 ml  $2.20
- **Water**  
  350ml  $2.20
- **Pump**  
  750ml  $4.20
- **Mt Franklin Sparkling Water**  
  450ml  $3.60
- **Coconut Water**  
  $3.80
- **Smoothie of the Day**  
  $4.20
- **Juice Cup** no Added sugar  
  $1.20
- **Milo Frappe**  
  $3.50

*The majority of this menu has been assessed by the Healthy Together Healthy Eating Advisory Service and meets the requirements of the Department of Education and Early Childhood Development’s School Canteens and Other School Food Services Policy*

*Marked items awaiting Nutrition Australia Approval*