Important Dates

Tue 2nd Aug  Parent Teacher Student Interviews
Year 6 -8 and specialist teachers for Year 5
Year 8 Wellbeing Day

Tue 9th Aug  Parent Teacher Student Interviews for Years 6-8 and specialist teachers for Year 5

Thu 11th Aug  Winter Concert: ROCK OUT @ BEACON

Tue 16th Aug  Year 5 Parent Teacher Student Interviews and Student Led Conference
MS Celebration of Learning
Open Morning

Mon 22nd Aug  No Students - Staff Professional Learning Day.

Tue 23rd Aug  Parent Wellbeing Evening. Pakenham Campus.

Wed 24th Aug  Tregoning House Church Service 7pm PA Hall.

Fri 26th Aug  Year 7 Tooradin Estuary Excursion

Wed 31st Aug  VCE Dance Concert

Morning Punctuality.

We expect all Middle School students to be punctual to school each day. Of course there will always be incidents that are beyond our control and of course students will be excused if this the case. We do ask all parents to work alongside us ensuring punctuality is a priority for all Middle School students. It is actions such as these that continue to enhance the learning of all students. Note that Period 1 commences at 8.45am

Use of the Car Park

Our community is reminded to take extreme care with driving and parking in and around the College car parks, particularly with the excess congestion as a result of the building works. Drivers are also asked to drive at a walking pace, park within one designated parking space between the lines, and respect and co-operate with other drivers at all times. Only drivers with special permission are permitted to park in the designated disabled car parks. It is very inconsiderate to use these spaces for general access. Please also note that it is not acceptable at any time to double park to drop off and pick up students, or to risk the chance of accidents by driving the wrong way in one way areas. There is additional parking available near the Middle School

Buildings and parents and students are asked to walk the extra 50 metres to allow for the safety of our children and show some courtesy to all the drivers that are using our very busy carpark.

Middle School Uniform

Blazers must be worn to and from school at least until the time students reach their lockers. It also means that spray jackets can be worn over the blazer on cold wet days but should never be worn inside school buildings. The spray jacket is never a substitute for the blazer. Your continued support in ensuring that our students are wearing their uniform correctly would be greatly appreciated.

Please note that random uniform checks will be in place before, during and after school.

Student-Parent-Teacher-Interviews Years 6 -8

Student-Parent-Teacher-Interviews will be taking place on Tuesday 2nd & 9th August 2016 for Years 6 to 8. Teachers will be available from 3.30pm – 8.20pm

Middle School Parent Teacher Bookings is now open on the Beaconnet and will close on Friday 29th July at midnight. When making booking please allow travel time between appointments.

Year 5 Interviews and Student-Led-Conferences

Student Parent-Teacher-Interviews and Student-Led-Conferences for Year 5s, will take place on Tuesday 16th August from 4.00pm – 8.00pm. This is the same evening as the Middle School Celebration of Learning, which will allow families to view displays of work from students across the Middle School.

Year 5 parents who wish to make appointments with specialist teachers e.g Technogy, Music, LOTE, PE, Art, etc. must make appointments on either 2nd or 9th August Student Parent-Teacher-Interviews sessions.

Year 5 Student Led Conference Bookings will be available at Lunchtime via Beaconnet From 5th August till 11th August 2016.

Relay for Life 2017

Registrations are now open for the 2017 Casey Relay for Life.
The event will be held on the 3rd and 4th of March 2017 at Akoonah Park, Berwick.

Clare Tuohy
Head of Middle School
Once again, we will have a team that will participate in the 24 hour relay to raise money and awareness for Cancer Research. Please follow the link http://fundraising.cancer.org.au/site/TR/RelayforLife/CCVIC?team_id=48287&pg=team&fr_id=4257 to join our team. All are welcome and it is a fantastic way to become a part of the Beaconhills Community. If you have any queries please e-mail jennifer.roberts@beaconhills.vic.edu.au

Upcoming Performing Arts Events:
ROCK OUT @ BEACON (Winter Concert) - 11th August: ROCK OUT @ BEACON (Winter Concert 2016) is just around the corner and is set to be one of the biggest Performing Arts events the Campus has ever produced. With over 100 Middle and Senior School students, ROCK OUT @ BEACON celebrates the biggest rock music artists in history, featuring music by The Beatles, Bon Jovi, Pearl Jam, Starship, Tina Turner, Queen and many more. Don’t miss this one night only concert event.

Other upcoming events
- 31st August VCE Dance & Theatre Studies Display Evening
- 6th September Junior School Grandparents Day and Spring Concert
- 8th September SEISA Dance workshop and competition
- 12th September Scholars Concert
- 14th September VCE Music Soiree No. 2

Details about each event can be found on the Performing Arts ClassNet Page.

Bus 3 New Ticketing System:
In Term 3 we are trialling a new swipe on/off ticketing system for Bus 3. The students will receive a swipe card they must use each time they board and exit the bus. The cards will be distributed in Tutor Group on the first week back. If this ticket is lost a new ticket can be purchased for $5.00 from Reception. The students will have individual ID numbers on their cards with their names on them and these details are stored securely on Transport Me.

Author Vist
We are looking forward to a visit by a well-known Australian author Deb Abela on Thursday 28 July. She is a wonderfully entertaining speaker who will inspire the students to read, write and be adventurous. She will be speaking about her life, her inspiration, her travels and her books. Her books include the Max Remy series, Jasper Zammit (Soccer Legend) series, The Remarkable Secret of Aurelie Bonhoffen and the Ghost Club series. Grimsdon and New City are two novels which deal with kids living in a climate changed world. She will be speaking to Years 5/6 in the Library as well as running Writing Workshops for 5/6/7/8 students.”

Student Absentee reporting
Parents are to notify the College if their son/daughter is going to be absent by contacting the Middle School Section Office and leaving a message on ext.1117 or emailing Mrs Parbhu priti.parbhu@beaconhills.vic.edu.au before 9am.

Year 8 Wellbeing Day Tuesday 2nd August
On Tuesday 2nd August all Year 8 students will be taking part in a Wellbeing Day named “Habits for Life”. Normal classes will be replaced by a variety of workshops that aim to educate students about helpful versus unhelpful choices in the areas of physical health, mental health, and relationships. Community facilitators have been invited to provide workshops to students in addition to staff led workshops. Students will be required to wear PE Uniform for the entire day of workshops.

Below is a summary of the workshops that each student will attend:
- The day will commence with an Assembly, where a Youth Resource Officer from Victoria Police will present on Bullying and the law, and a representative from headspace will present on their services and other avenues for emotional/mental health support
- All students will attend a drug education session aimed to facilitate awareness about the effects/legal consequences of drug use and making positive choices
- Male and female students will be separated to attend body image workshops run by the Butterfly Foundation
- Project Rockit will run a workshop on anti-bullying for all students
- All students will attend Self-defense workshops
- The Casey 360 Information Bus will be available at lunch time for students who choose to explore this resource
Science Club

The Science Club will be running on Wednesday afternoons, from 3:30 – 4:30pm in BL13 for all students in Middle School. In order to allow all students to experience Science Club, priority will be given first to students who could not participate during Term 2 and then on a basis of first expressions in. Please email Ms Alison Collins on alison.collins@beaconhills.vic.edu.au or Ms Carolyn Lopes on carolyn.lopes@beaconhills.vic.edu.au if your child is interested in attending Science Club in Term 3.

Middle School Mathematics Tutorials

There will be Mathematics tutorials in BM36 on Thursday afternoon from 3.30pm to 4.15pm in BM36. These tutorials can be used for assistance with topics or tasks you are currently doing in class or with any particular topic you may have struggled with in the past. Bring your workbooks, textbooks or any activity sheets you feel you may need to use.

Middle School English Tutorials

English Tutorials will take place every Wednesday afternoon, from 3.30pm to 4.30pm in BM32. The last one for this term will be on the 7th September.

College Shop

The College Shop has recently upgraded the online shop facilities. This has meant that some account information needs to be updated when a new online order is created. Please note that on your next visit to the online shop, log in and then under Account Information update the Billing and Shipping details. This can be done by clicking the ‘edit button’. Please ensure your student details, class information and any fields with a red asterix are up to date. This will ensure that your order and any future transactions will be processed successfully. We apologise for any inconvenience caused.

Entertainment Books 2016/2017

The Berwick Parents and Friends are pleased to advise that the Entertainment Books for 2016-2017 are now available. A sample book is available at Reception for viewing or follow the link below for more details. These books continue to offer fantastic value for money at $65 with $13 from each book donated to our school. Beaconhills College is still one of the biggest selling schools (and groups) in the Casey area. The books make great gifts for family and friends - don't forget neighbours and work colleagues. You can choose to have a digital membership which can be linked to two devices, or the hard copy book version. To order, click on the link below and order directly from 'Entertainment' or call Berwick Reception on 1300 002 225. Once payment has been made, The Entertainment Book will then be sent home via your child or can be picked up from Reception if necessary. www.entbook.com.au/1807d58

Cafeteria Menu

Please find attached to this Bulletin or visit the following link for Berwick Cafeteria offerings for Term 3. http://portal.beaconhills.vic.edu.au/news/files/d/bhc_all_menu_20160413.pdf

Important Notice – Students leaving the College

If your child is leaving the College, please note that it is a requirement of the College that a full term’s notice in advance of a student’s withdrawal is provided to the Headmaster. Sufficient notice enables us to contact those families who are waiting for enrolment offers. Failure to provide such notice will require payment of one term’s fees in lieu of notice. Notice of departure of students can be emailed to enrol@beaconhills.vic.edu.au. Please include your child’s leaving date and the school/TAFE etc they will be attending.

Please note: Portal access to school reports etc. will cease on the day your child leaves the College. Please ensure you have downloaded copies of all your child’s school reports if required prior to their leaving date.

Homestay Families

Beaconhills College will be hosting a group of students from our sister school in Suining from 23rd – 27th August. This visit will provide a wonderful opportunity for our students and families to host. We are currently seeking interested families to host a student during this five day period. This is open to any student in any year level. There are many benefits to be gained by students and families from the hosting experience, including cultural and language exchange, as well as establishing international friendships.

A legal requirement for hosting a student is that all members of your family who are 18 and over and living at home have a ‘Working with Children Check’ completed. This is free and can be completed at Australia Post, but applications will need to commence

Clare Tuohy
Head of Middle School
soon to ensure it is completed on time. Please collect an application form from your local Post Office if you wish to host but do not have a WWCC. Please contact the Deborah Mulligan to register your interest.

**Tea, Bubbly & Styling Evening with Janet from Real Housewives of Melbourne. Thursday, 1st September**

Berwick Parents & Friends are holding a High Tea on Thursday 1st September from 6.30-9.00pm at iBare Giftware Showroom 16 Adams Lane, Berwick with a meet and greet with special guest, Janet Roach from the TV series ‘Real Housewives of Melbourne’. Tickets are $45 each with a limit of 80 seats and available on the College Online http://shop.beaconhills.vic.edu.au/box-office/fundraising-events. Tea and coffee, nibbles, dessert, and light entertainment served throughout the evening. All proceeds will be donated to the East Timor appeal. Come along for a fantastic evening.

Meeting Dates for 2016
- Monday, 15th August
- Monday, 17th October
- Monday, 21st November

**Alumni Trivia Night**

The Beaconhills Alumni Association are holding a Trivia Night on the 10th September at the LMC at the Pakenham Campus. Starting at 7:30, there will be door prizes, silent auction, raffles, art displays and prizes for the winners. All money raised will be donated to the new Monash Children’s Hospital. Tables of 8-10 are $125 each or $100 for Alumni members.

Tickets can be purchased here on this link: http://shop.beaconhills.vic.edu.au/beaconhills-alumni-association-trivia-night

Any queries please contact Jennifer Roberts jennifer.roberts@beaconhills.vic.edu.au

**Parental Assistance Program**

Our parents are a very important part of the Beaconhills Community and the College values your contributions to the life of the College. For families wishing to participate in College activities or donate goods and services, the College offers a $180.00 credit on their fee statement.

To qualify for the credit, you must:
1) Participate in an activity for at least 3-4 hours, or donate goods and services to the value of at least $180.00.
2) Complete the Parental Assistance Program Form and have your participation verified with a staff signature.
3) Lodge the signed form at Reception (either Campus) by no later than Monday, 28th October 2016.

**BYOD Year 9 from 2017**

We are pleased to announce that from 2017 Year 9 students will be able to bring their own technology to be used at School. This is an extension of the BYOD program that commenced in 2016 for Years 10 to 12. Students are of course welcome to continue using their iPad if that is there preferred device. There is important information available on the BeLearning Lounge outlining key information about the technical requirements that must be met by the student’s choice of device.

Wellbeing Program from Little Beacons through to Year 12. Ms Yvonne Ashmore, Head of Wellbeing will present the evening along with other members of our Wellcom committee. We hope many of you are able to attend.

**Beaconhills Working Bee dates for 2016**

**Berwick Campus**
- 27th August

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National Asthma Week 1-7 September: e-newsletter version with links
The theme for National Asthma Week 2016 is Become a Better Breather. National Asthma Week coincides with the beginning of spring and as pollens are a known trigger for asthma, this is an excellent time to ensure your child’s asthma is well controlled. Sections of the Asthma Australia website that can help with asthma management include:

- Take the Asthma Control Test to see if you could make improvements to help your child become a better breather.
- Manage allergies often linked with asthma, including allergic rhinitis (hayfever).
- Did you know? 90% of people with asthma use their medications incorrectly.
- Check your child’s technique to see if they are getting full benefit from their medication.

Regular review of your child’s asthma with your GP and pharmacist will help them to become a better breather.

Need help with your child’s asthma? Contact our Asthma Assist line on 1800 ASTHMA (1800 278 462) and talk to one of our friendly Asthma Health Professionals.

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Asthma Management in Winter and Spring:
Asthma is one of the most common chronic childhood conditions, affecting 1 in every 10 children in Australia. Emergency admissions and hospitalisations peak during the winter for children with asthma and flare-ups are often more prevalent during the winter and spring. Good management however can help children with asthma and their carers get through this tricky time of year with more confidence.

Here are a few tips for parents and carers:
• make an annual appointment for an asthma review by your child’s doctor
• update your child’s Asthma Plan at the start of each year and provide a copy to the school
• talk to the teacher and other key staff about your child’s asthma – their usual triggers, symptoms and medication
• provide an in-date blue reliever puffer and spacer for use at school (clearly labelled with child’s name and date of birth)
• help your child understand the importance of taking their preventer medication every day, as prescribed
• ask their doctor about having a flu vaccination
• encourage hand washing and covering one’s mouth when coughing to help prevent the spread of germs

School sports and asthma:
Physical activity acts as a major trigger in up to 90% of people with asthma. Exercise Induced Bronchoconstriction (EIB), commonly known as exercise induced asthma, is the temporary narrowing of the lower airways, occurring after vigorous exercise. People with poorly controlled asthma are at a higher risk of EIB due to the sensitive nature of their airways. This may result in episodes of coughing, wheezing, a feeling of chest tightness/discomfort or shortness of breath, often worsening 5-10 minutes after exercise.

To ensure your child can safely participate in sports and exercise at school, the first step is to make sure their asthma is well controlled. If your child is requiring their reliever medication more than twice a week, it is a good idea to see their GP for a review as this may indicate poorly controlled asthma. Also provide the school with an Asthma Plan from the doctor, particularly before a sport carnival or excursion. The plan will include any instructions for EIB (e.g. use of their asthma reliever prior to physical activity). You can help them check that they are using their asthma devices correctly by watching our videos on the Asthma Australia website.

For support with your child’s asthma please contact your local Asthma Foundation on 1800 ASTHMA (1800 278 462) to speak with one of our Helpline staff.

Asthma app:
The new Asthma Australia asthma app brings together a raft of resources in one convenient place to help you ensure your child’s asthma is managed as well as possible. Sections include information on medications, device technique videos and Asthma First Aid in an emergency. The app is free at the iTunes store (Android coming soon).
For secondary aged students:

**Young people with asthma**

Asthma Australia has established a Facebook page, Young People with Asthma – Australia, to provide the latest information and research for these young people and their supporters. We recently commenced posting profiles to share young people's stories and experiences. Refer to the page for details if you have a child who might want to share their asthma story. We are also setting up a Q&A function where an Asthma Educator will respond to young people's questions through the page.

For primary aged students:

**Asthma Kids**

Looking for a way to help your child understand more about their asthma or about a friend with asthma? Asthma Kids is an online, interactive tool to help primary school aged children understand what it's like to have asthma and what they can do to help. Check it out at www.asthmakids.org.au